

## **INGREDIENT 1 - THE GOAL**

• Team alignment on project vision/goal

## **INGREDIENT 2 - MUTUAL RESPECT**

- High level of team trust
- Psychological safety a team climate in which people are comfortable being themselves

## **INGREDIENT 3 - TRANSPARENCY**

- Open sharing of information
- Priorities
- · Stuck points
- · Wins/Successes

#### **INGREDIENT 4 - FLEXIBILITY**

Balance between task and relationship-oriented teamwork

# **INGREDIENT 5 - LEADER ASSERTIVE**

- Speaking up
- Each team member's viewpoint matters

