



DEVELOPMENT AREAS

WHAT DO YOU WANT TO SEE MORE OF IN 2022?

Professional/Career

Ideas: Collaboration, skill development, networking, stress management, flexibility

1. _____

2. _____

3. _____

Wellness/Health

Ideas: Gratitude, reflection, kindness, exercise, sleep

1. _____

2. _____

3. _____

Finances/Money

Ideas: Saving, investment, debt reduction, purchase consideration

1. _____

2. _____

3. _____

Family/Relationships

Ideas: Communication, empathy, connection (virtually)

1. _____

2. _____

3. _____